



therapeutic alternatives, inc.

# Empowering *Times*

## CAMERON RECEIVES HIGHEST FFA DEGREE



Cameron Domina is a senior at East Davidson High School and will graduate on June 8 with an Occupational Course Study diploma. Despite some challenges, Cameron received the highest statewide degree in Future Farmers of America. He stated that he is very happy and proud of himself; because he not only succeeded, but he surpassed many classmates. Cameron took the same test as the honors students and made straight A's throughout his classes.

His mother, Renee Domina, said that Cameron was diagnosed with autism and an intellectual disability and that when he was three years old, they were told that he would only have around a 50-word vocabulary.

Cameron said that he loves animals and nature and would like to have a job on a farm caring for animals.

The four degrees you can receive in FFA are the Greenhand degree, Chapter degree, State degree and the American degree, with state and national degrees being the highest achievements in the organization.

Cameron was featured in The Dispatch, a Davidson County newsletter. Sharon Myers, columnist for the newsletter, stated the following: "To receive the State FFA degree, a student must have been an active FFA member for past two years, received the chapter FFA degree, completed 360 hours of school instruction in agricultural education, earned at least \$1,000 or worked at least 300 hours outside of school, demonstrated leadership, have a certified scholastic record, completed the chapter's program of activities, participated in at least five different FFA activities at the chapter level and at least 25 hours of community services."

We are very proud of Cameron and his accomplishments. He states that he doesn't think about what he can't do, but only thinks about what is ahead of him. We wish you continued success, Cameron, as you graduate this year!

## WHAT REALLY MATTERS

We are very proud of all the people we support. You can find them daily working or volunteering throughout their communities. Some of the daily activities in which they participate include the following:

- serving on the agency's advocacy committee
- assisting with Meals on Wheels
- participating in exercise programs
- volunteering at the local library
- earning their GEDs and learning how to use email
- making crafts and baked goods for nursing homes
- planting a large garden and sharing produce
- singing in the church choir and Christmas plays
- managing a web page to sell products
- building a photography business

These are just a few of their daily accomplishments. One of the people we support volunteers at a hospital in the transport department with a golf cart and at the hospital's welcome desk. Another person participates in the Equestrian Special Olympics. Some work at North Pointe of Mayodan. The list goes on.

We are so proud of our friends whom we serve each day. We are also appreciative of staff who help make dreams come true by finding interesting and available resources within their communities.

We do not want to leave anyone out when we report on people we support and TA employees. If you know of a story that should be included in *Empowering Times*, please contact Anita Deaton at [anita@mytahome.com](mailto:anita@mytahome.com).

## EMPLOYEES OF THE MONTH

**MARCH:** Edwin Solomon, QP/MCM

**APRIL:** Amanda Garcia, PP/Innovations

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# SERVICES WE PROVIDE

## TA'S 2019 PROGRESS REPORT

Therapeutic Alternatives, Inc. is far-reaching in its support services, and the Quality Improvement Committee members are always planning ways to bring various agency departments together. One way to spread the word about the kinds of services provided is through our *Empowering Times* newsletter. In this edition, we will present some information about our outreach.

### OVERVIEW OF TA

Therapeutic Alternatives, Inc. is a human services agency that provides support to people with development disabilities, mental illness and/or substance abuse issues. The agency was founded in 1958 in Asheboro, North Carolina with the licensing of one assisted living community, Randolph Rest Home.

Presently, the agency is licensed or credentialed to administer services as follows:

#### Group Homes

1. **AVB Ramseur**, NC/Supervised Living DD Adult/Capacity 6
2. **Candor Place** Candor, NC/Supervised Living MI Adult/Capacity 6
3. **CHC of Hoke** Raeford, NC/Supervised Living MI Adult/Capacity 6
4. **Forest Park** Randleman, NC/Supervised Living DD Adult/Capacity 6
5. **Pineview** Asheboro, NC/Supervised Living MI Adult/Capacity 6
6. **Providence** Asheboro, NC/Supervised Living DD Adult/Capacity 6
7. **Yadkin Place** Southern Pines, NC/Supervised Living MI Adult/Capacity 6

#### Day Programs

1. **CLS** Lexington, NC; Adult Developmental Vocational Program
2. **Lighthouse Project** Randleman, NC; Adult Developmental Voc. Program

#### Psychosocial Rehabilitation Programs

1. **Club Creative** Roxboro, NC/PSR
2. **Club Insight** Pittsboro, NC/PSR
3. **Journey House** Troy, NC/PSR/Day Activity
4. **Randolph PSR** Asheboro, NC/PSR/Day Activity
5. **Woodland House** Pinebluff, NC/PSR/Day Activity

#### Innovations (Individual Community Services)

NC Innovations Waiver Services is a list of services covered by the state of North Carolina. Innovations services are provided in individuals' private homes, on the job and throughout the community. The services are based on the person's Individualized Support Plan (ISP). Some of the services include Community Networking, Community Living and Supports, Respite and Supported Employment.

Presently, three service coordinators provide supervision of Innovations paraprofessional staff and oversight to the progress and needs of people supported. Paraprofessionals follow the individual goals of the people with whom they work. Goals are determined based upon each individual person's disabilities and his/her dreams and desires which are expressed through various methods such as surveys and personal outcome measures (POMs).

Therapeutic Alternatives, Inc. Innovations Services are currently provided throughout the counties of Davidson, Forsyth, Guilford, Montgomery, Randolph, Rowan, Surry, and Rockingham.

## HOSPITAL TRANSITION TEAMS (HTT)

For those who work in departments other than Hospital Transitions Teams (HTT), we thought that we would include some information about the teams.

HTT provides short-term services designed to help people connect with services and benefits quickly after hospital discharge.

HTT is classified as Assertive Engagement and is a method of outreaching individuals who have a severe and/or serious mental illness and/or those who are dually diagnosed with a mental illness and substance use disorder.

HTT provides a short-term service, 30-45 days, and is designed to help people maintain psychiatric progress made in psychiatric hospitals or progress related to recovery made in residential substance abuse treatment programs, connect with services and benefits quickly after hospital discharge, and receive support once returning back into the community setting.

HTT specifically helps with assisting the hospital social worker with discharge planning, providing recommendations about residential placements including substance abuse residential treatment programs, ensuring linkage to an outpatient treatment provider for medication management, group/individual therapy, connecting with enhanced services such as: Assertive Community Treatment Team, Community Support Team, Intensive Outpatient Service, primary care, assisting with meeting basic needs, and providing education about your mental health and/or substance abuse issues, medications, and/or coping skills.

HTT operates under Sandhills MCO and serves the following counties: Guilford, Randolph, Montgomery, Anson, Richmond, Hoke, Moore, Lee, Harnett. Furthermore, Hospital Transition Team operates under Alliance MCO and serves the following Counties: Wake and Durham.

## MOBILE CRISIS MANAGEMENT (MCM)

MCM is a mobile mental health emergency responder that provides services 24 hours a day, 7 days a week. Our goal is to stabilize crisis situations, link the individual to appropriate services and prevent a future crisis.

#### **MCM provides:**

- o Immediate telephonic response to assess the crisis and determine the risk, mental status, medical stability, and appropriateness.
- o Face-to-face crisis response within two (2) hours to provide evaluation, triage and access for acute mental health, developmental disabilities, and/or substance abuse services, treatment, and supports.
- o Engagement Referrals

#### **MCM covers the following counties:**

- o Guilford, Randolph, Montgomery, Lee, Richmond, Hoke, Anson, Harnett, Moore — (MCO: Sandhills Center)
- o Chatham County — (MCO: Cardinal Innovations)
- o Wake, Durham, Johnston, Cumberland — (MCO: Alliance Health)

**Last but not least among TA's services provided, we have the Geriatric and Adult Specialty Teams (GAST) which we will feature in a later edition.**



## GREENHOUSE READY TO GO



The members of Randleman Day Program are excited about their new greenhouse! They plan to grow flowers. We can't wait to get our fingers in the dirt!

## MEMORIAL DAY COOKOUT

Below, the Randleman Day Program members are enjoying their Memorial Day Cookout along with Robin Robinson, the day program director and Freda Kletsch, COO. Mike is at left showing off the fish that he caught.



## HAVING FUN BEING MYSELF

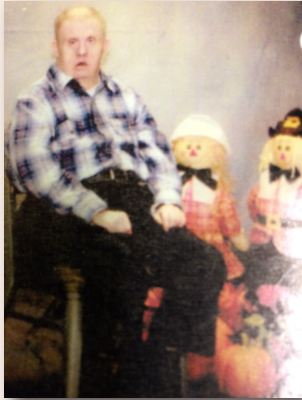


## DONNIE VOLUNTEERING AT ANIMAL SHELTER

Several people we support volunteer at the Randolph County Animal Shelter. What a fun way to volunteer!



## CONDOLENCES TO DONNIE'S FAMILY



March 26, 1956-  
April 26, 2019

Donnie Overby began receiving services from Therapeutic Alternatives on January 8, 2000. Donnie was a friendly, easy going and loving man. He enjoyed going out to eat to his favorite restaurants where he would wave to and visit with friends.

Donnie enjoyed spending time and participating in all activities at the developmental center which he attended for many years and visiting with his many close friends during the day in Virginia.

Donnie was a very happy, kind, and "go with the flow" kind of guy. He was a family man, as well. He always enjoyed his family coming to visit him. Most importantly, he loved his sister, Patsy, and brother-in-law, Jim, who loved and took care of him.

What I will miss most about Donnie is his infectious little wave and smile that he always gave you when you entered the room. Donnie will always remain in the hearts and minds of those who were fortunate to have gotten to know him. He will truly be missed.

~ Kristen Jividen, QP/Innovations Service Coordinator

## CONDOLENCES TO CHAD'S FAMILY



November 27, 1989-  
February 20, 2019

Chad Webster began to receive one-on-one services in 1999 through Therapeutic Alternatives. During that time, Chad impacted so many people with his contagious warmth and spirit.

Chad loved life and never missed a conversation that was going on around him. He never passed up a chance to flirt with any lady who

caught his eye.

Chad was known for his smile and warm feelings that he gave everyone he came in contact with. He loved watching cartoons and sporting events on T.V. He loved to eat pizza and drink tropical flavored Kool Aid. But most of all, he loved his family.

Regrettably, Chad passed away February 20, 2019 at Moses Cone Hospital. I am grateful that I was given the opportunity to know him, and he continues to be in my thoughts daily, and he is missed very much.

~ Amanda Jones, Innovations Service Coordinator

**OUR MISSION IS TO DELIVER COMPREHENSIVE HUMAN SERVICES THAT EMPOWER PEOPLE TO ACHIEVE THEIR GOALS IN LIFE.**

**WE NOW HAVE A BLOG:** Take a look at our blog and bookmark it so you can visit us frequently at: <http://mytahome.wordpress.com/>



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